

5 THINGS TO DO BEFORE YOU'RE...

AGE 1

- 1. Lie on mom/dad to look at the stars
- 2. Dangle toes in the ocean
- 3. Smell a flower
- 4. Shake a seed pod
- 5. Explore your backyard

AGE 2

- 1. Walk barefoot on grass
- 2. Run & jump in puddles
- 3. Catch rain with your tongue
- 4. Watch birds fly by
- 5. Look for a lady bug

AGE 3

- 1. Build a sandcastle
- 2. Chase a butterfly
- 3. Run through a sprinkler
- 4. Stay up to see the moons & stars
- 5. Play in the mud

AGE 4

- 1. Make a wish on a dandelion
- 2. Go on a picnic
- 3. Dig up worms
- 4. Roll down a hill
- 5. Keep a pet fish

AGE 5

- 1. Fly a kite
- 2. Learn to ride a bike
- 3. Climb a tree
- 4. Grow something from a seed
- 5. Catch fireflies

AGE 6

- 1. Watch a thunderstorm
- 2. Make a bird feeder
- 3. Start a water balloon fight
- 4. Find shapes in clouds
- 5. Start a rock collection

AGE 7

- 1. Take a family nature walk
- 2. Watch a sunset at the beach
- 3. Build a fort
- 4. Read a book under a tree
- 5. Pitch a tent/Go camping

AGE 8

- 1. Make a fairy garden
- 2. Jump over the waves
- 3. Go fishing
- 4. Take a night hike
- 5. Explore a state park

AGE 9

- 1. Take your picture in bluebonnets
- 2. Catch a crawfish/crab
- 3. Make a bird house
- 4. Skip rocks
- 5. Help with the yard or garden

AGE 10

- 1. Play in a tree house
- 2. Collect seashells
- 3. Paddle a kayak/canoe
- 4. Catch fireflies
- 5. Identify a bird



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